



## HIPAA Notice of Privacy and Confidentiality in Psychotherapy

Because I am a psychologist, I am bound by the provisions of the Minnesota Data Privacies Act and the Federal Health Insurance Portability and Accountability Act (HIPAA). In my Psychology Practice, only persons who need to have access to your file for billing purposes, for the administration of the business (i.e. quality control assessments) or to ensure delivery of service (e.g. coordination of treatment with another provider) provided with provided access. No information will be released to persons or agencies outside of my practice without your written consent except by court order or as required by other judicial proceedings. However, there are exceptions to confidentiality. Certain topics you might mention in psychotherapy will require me to release information, without your permission, to designated authorities. I am required to report without your consent if you:

- state that you seriously intend to harm yourself or another person(s);
- report or describe any physical abuse, neglect, or sexual abuse of children or vulnerable adults within the last three years;
- report the use of an illegal drug for a non-medical purpose during a pregnancy;
- report or describe sexual exploitation by counseling or health-care professionals.

I also may release information regarding our work if you are using medical insurance or medical assistance to cover my services. In the rare event of an unpaid balance on your account that is more than 60 days old, it is also possible that your name, address, telephone number, place of employment and the balance due will be given to a collection agency. Should this happen, you would first receive three notices that your account is past due.

In addition, there may be some other rare instances in which you waive your rights to have your records protected. If you are involved in any type of current or potential legal difficulties, please discuss matters with your attorney before informing others of the services you have received here.

Finally, there may be times when I consult with other psychologists about my work with clients. Psychological consultations with mental health professionals outside of a psychology practice are subject to the same limits of confidentiality as outlined above.

This information is provided to you so that you may be fully informed about the limits to confidentiality prior to disclosing private information to your me. Please discuss any questions or concerns you have about this information with me prior to signing. Thank you.

I have read this document and have received a copy of the document: Client's Rights and Psychologist's Duties

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Signature

Date